# brainbox initiative

# Fundamentals & Applications of tES Workshop

## **Programme**

5 - 7 December, 2023

Across three days, the Brainbox Initiative host a comprehensive workshop on transcranial-electrical stimulation (tES) techniques. This workshop brings together world-leading academic and technical experts in the field from the University College London, Imperial College London and Oxford University to provide attendees with a solid understanding of designing, setting up, carrying out, and analysing their own tES studies.

### **Location for Hybrid Attendies**

Brainbox
The Creative Quarter, 8a,
Morgan Arcade,
Cardiff,
CF10 1AF





This three-day workshop features the core lectures, discussions, and interactive practical demonstrations from our popular, in-person Fundamentals of tES and Advanced Applications of tES workshops, including:

- The basic principles and physiology of transcranial electrical stimulation;
- An overview of the various types of tES devices available and how to use these systems;
- Considerations for tES study designs, supplemented with group discussions to plan these studies;
- Demonstrations and examples of how to set up and execute a robust transcranial electrical stimulation session;
- Practical experience in using advanced current flow modelling techniques with ROAST and Neurophet tES Lab;
- and insights into advanced, multimodal applications of tES with MRI, EEG, fNIRS, TMS, and more.

#### **Speakers**

Professor Sven Bestmann, University College London (UCL)
Dr. Carys Evans, University College London (UCL)
Dr. Jenny Lee, University College London (UCL)
Dr. Danielle Kurtin, Imperial College London
Ketevan Alania, Imperial College London
Camille Lasbareilles, Oxford University
Dan Phillips, Brainbox
Mark Cawley, Brainbox

The knowledge gained in this workshop will provide attendees with all the required knowledge to design, set up, and carry out their own transcranial electrical stimulation study, and is suitable for both new users of tES, and those with existing knowledge of how to use this technique.

Programme is subject to change





12:30	Welcome & Introduction
13:00	Lecture: Basic Principles of tES Sven
14:00	Demonstration: Introduction to tES Devices
15:00	Break
15:10	Lecture: Considerations for tES Study Designs
16:10	Demonstration: HD-tDCS and Multi-Electrode Montage Setup
17:00	Workshop Day One End





	Hybrid Sessions*
10:00	Practical tES Setup
12:00	Lunch
	Virtual Sessions
13:00	Lecture: Integrated Multimodal Applications
14:00	Lecture: Introduction to Current Flow Modelling
16:00	Break
16:20	Demonstration: Current Flow Modelling
17:20	Workshop Day Two End



<sup>\*</sup>In-person attendies only



	Hybrid Sessions*
10:00	Practical: Current Flow Modelling & Neuronavigation
12:00	Lunch
	Virtual Sessions
13:00	Lecture: Temporal Interference
14:00	Demonstratino: Temporal Interference
15:00	Break
15:20	Demonstration: Full Set Up - Modelling to Electrode Prep
16:20	Methods Lab and Group Discussions
17:20	Workshop End



<sup>\*</sup>In-person attendies only

