

**DAY
1**

Introduction to EEG: Theory and Practice

Cardiff, UK

24 - 25 September, 2026

09:00	Registration & Coffee
09:15	Introductions & Welcome
09:30	Fundamentals of EEG
10:30	Protocol Design & Experiment Set-up
11:30	Break
11:45	Applications of EEG: What Systems to Use and When?
12:45	Lunch
13:30	Demonstrations & Practical Sessions: Experiment Set-up Using Various Systems
15:00	Break
15:15	<i>Cont.</i> Demonstrations & Practical Sessions
17:00	Q&A Session
17:15	Day One End

**DAY
2**

Introduction to EEG: Theory and Practice

Cardiff, UK

24 - 25 September, 2026

09:00	Coffee
09:30	Data Analysis 1: Preprocessing, ICA
10:30	Data Analysis 2: Spectral Analysis, ERPs
11:30	Break
11:45	Software Demonstrations: EEG Lab, BESA
12:45	Lunch
13:30	Lecture & Demonstrations: Integrating EEG with Non-Invasive Brain Stimulation Methods + Hyperscanning
15:30	Q&A Session
16:00	Workshop End